



Hennessy Road Government Primary School (Causeway Bay)
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5P (17) (Ng Chit Ming Marcus)

My role model

My role model is Cheung Ka Long, the famous Hong Kong fencer who has won multiple awards and gold medals and created many historic moments.

He is famous because he won a gold medal in fencing. I admire him because he is hard-working and never, ever gives up on fencing. Cheung Ka Long has been a professional elite foil fencer since 2012. What a long period! Astonishing, isn't it?

Cheung Ka Long received the FIE Annual Award in 2024. He won gold medals at the Paris Olympics in 2024 and the Tokyo Olympics in 2020. Cheung Ka Long first started his journey of success in the Asian Junior and Cadet Fencing Championships in 2014, where he won four gold medals and made history. Therefore, as you can see, Cheung Ka Long is not only good at fencing, he is extraordinary at it.

Cheung Ka Long is a hard-working, resilient and dedicated person. He trains extremely hard every single day. Moreover, he never gives up. Last but not least, he always does his absolute best.



I should learn to be resilient from Cheung Ka Long.
In the end, all of his hard work pays off.