



Hennessy Road Government Primary School (Causeway Bay)
2024-2025 2nd Term Writing (1)

3H (5) (Chow Tsz Wai)

Barry's Secret

Barry likes eating snacks, for example, potato chips, candies and chocolate. He wants to join the school football team this year.

Barry has PE lesson on Monday. He cannot run fast. Barry says, 'I cannot join the school football team this year.' He notices that Jacky can run very fast and he wants to run fast too.

On Monday afternoon, Barry and Jacky are in the park. Barry asks, 'How can I get strong?' Jacky says, 'Two years ago, I was weak and thin. I went swimming, playing basketball and running. This year, I am fit and strong. You can do more exercise to become fit and strong.'

Barry doesn't eat snacks anymore. He goes swimming, running and playing badminton. He becomes fit and strong. He can join the school football team this year. He feels happy.